index, which will frustrate those searching for particular topics.

Although the book is specifically designed for an undergraduate psychology course and even includes a sample syllabus, it can readily be applied to graduate medical education. Chapters on depressive and anxiety disorders and substance use can provide a nice introduction to students and residents unfamiliar with common psychiatric problems. I especially recommend that medical educators read the chapter on somatic symptom disorders, which includes excellent films portraying unexplained medical symptoms and illness anxiety. Students will especially benefit from learning how patients experience a “diagnostic journey” while searching for adequate treatment for unexplained somatic symptoms. The book is also a helpful resource for clinicians looking to use film in individual or group patient meetings to encourage discussion and reflection. Many patients will feel empathy or self-compassion after seeing life through the eyes of a film character. Although not a perfect resource, *Movies and Mental Illness, 4th Edition* is a welcome addition to any clinician or teacher wanting to use film as an engaging supplement for education.

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**Conflicted Health Care: Professionalism and Caring in an Urban Hospital**
Ester Carolina Apesoa-Varano and Charles S. Varano
Nashville, TN, Vanderbilt University Press, 2014, 195 pp., $59.95 (cloth), $24.95 (paperback), $9.99 (eBook)

The word “professionalism” conjures up images of caring and respectful health care. It is a hallmark of the doctor-patient relationship, it is what medical education faculty expect from their learners, and it is front and center in the spotlight of what the Accreditation Council for Graduate Medical Education is looking for in assessing the quality of training programs. The husband and wife team of Apesoa-Varano and Varano have aimed their sociological and anthropological magnifying glasses on the concept of professionalism as it unfolds through interdisciplinary hospital practitioner relationships, and the results are fascinating.

Through seven eminently readable chapters, chock full of case examples and direct quotations, the authors deconstruct professionalism, caring, and inter-professional conflict in the shadows of hospital status, hierarchy, and power relationships. The reader hears the voices of doctors; nurses; respiratory, occupational, and physical therapists; and social workers. In the introductory chapter, a nurse is quoted as saying, “The caring stuff comes later, and if you can do it, fine, but otherwise it is not a priority (p. 5).” As medical educators, how often have we perceived a similar attitude among interns who are racing to follow labs and complete their notes? What is the proper response to a system that often places empathic patient support on the back burner as they face daunting fears, physical pain, and social isolation? The challenges to medical education and hospital system redesign emanating from this book are palpable and unsettling, and that is a very good thing.

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**Reference**

The authors bravely take on the challenges of inter-professional teamwork on a notoriously uneven playing field. They write, “In this sense, each group is part of the health care team, but because knowledge claims of each group are ranked hierarchically, the collaborative nature of teamwork is tenuous, and the results frequently a dissonant clash of roles rather than the symphonic harmony upheld and promoted by the hospital administration (p. 41).” The book asks us to re-examine our values and assumptions about collaborative care and forces us to reconsider how conflict resolution may simply follow the law of the jungle where the most powerful roars the loudest. If anything, the book could be strengthened by an even deeper examination of power relationships in light of gender and race/ethnicity. To have not commented on these dynamics is to not have told the complete story, as these variables certainly impact communication, negotiation, and power relationship dynamics both within and between teams, as well as between practitioners and patients. Were these authors to take on a project examining these crucial aspects of teamwork, care, power, and professionalism, I would be the first in line to download a copy.

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Reviewers interested in writing reviews for publication should contact Book and Media Reviews Editor William E. Cayley, Jr, MD, at bcayley@yahoo.com.

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