The Spirituality of Imperfection
Storytelling and the Search for Meaning

Author(s): Ernest Kurtz, Katherine Ketcham
Read by: David Drummond
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Key Marketing Points:
-First time on audio
-Ketcham is a New York Times bestselling author
-Ketcham's residence: Walla Walla, WA

Bios:
Ernest Kurtz is the author of Not-God, one of the definitive histories of Alcoholics Anonymous, as well as other books on spirituality and alcohol dependency and recovery.

Katherine Ketcham is coauthor of twelve books, including the bestseller Under the Influence: A Guide to the Myths and Realities of Alcoholism, with James Milam, and Beyond the Influence: Understanding and Defeating Alcoholism, with William F. Ashbury.

David Drummond has made his living as an actor for over twenty-five years, and he received an AudioFile Earphones Award for his first audiobook, Love 'Em or Lose 'Em.

Drawing from Christianity, Buddhism, Judaism, and Greek philosophy, Katherine Ketcham and Ernest Kurtz outline a spirituality and way of living in turbulent times.

I am not perfect is a simple statement of profound truth, the first step toward understanding the human condition, for to deny your essential imperfection is to deny yourself and your own humanity. The spirituality of imperfection, steeped in the rich traditions of the Hebrew prophets and Greek thinkers, Buddhist sages and Christian disciples, is a message as timeless as it is timely. This insightful work draws on the wisdom stories of the ages to provide an extraordinary wellspring of hope and inspiration to anyone thirsting for spiritual growth and guidance in these troubled times.

Who are we? Why so we so often fall short of our goals for ourselves and others? By seeking to understand our limitations and accept the inevitably of failure and pain, we being to ease the hurt and move toward a greater sense of serenity and self-awareness. The Spirituality Of Imperfection brings together stories from many spiritual and philosophical paths, weaving past traditions into a spirituality and a new way of thinking and living that works today. It speaks so anyone who yearns to find meaning within suffering. Beyond theory and technique, inside this remarkable book you will find a new way of thinking, a way of living that enables a truly human existence.

Praise:
"One need not have an interest in AA to benefit from this fine introduction to spirituality." -Library Journal

"An inspiring guide, offering comfort...to those who want to stop striving for perfection and start living." -Publishers Weekly

Also by the author:

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<td>Miss O'Dell</td>
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Article by Maria Popova. Storytelling and the Search for Meaning. "If a thing is worth doing, it is worth doing badly." The poet John Keats once described the ideal state of the psyche as negative capability - the ability of being in uncertainties, Mysteries, doubts without any irritable reaching after fact & reason. The truth of life is its mystery, echoed Joyce Carol Oates. This comfort with mystery and the unknown, indeed, is at the heart not only of poetic existence but also of the most rational of human intellectual endeavors, as many of history's greatest scientific minds have a The spirituality of imperfection, steeped in the rich traditions of the Hebrew prophets and Greek thinkers, Buddhist sages and Christian disciples, is a message as timeless as it is timely. This insightful work draws on the wisdom stories of the ages to provide an extraordinary wellspring of hope and inspiration to anyone thirsting for spiritual growth and guidance in these troubled times. Who are we? Why so we so often fall short of our goals for ourselves and others? By seeking to understand our limitations and accept the inevitably of failure and pain, we being to ease the hurt and move tow