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A theatre director or stage director is an instructor in the theatre field who oversees and orchestrates the mounting of a theatre production (a play, opera, musical, or devised piece of work) by unifying various endeavours and aspects of production. The director's function is to ensure the quality and completeness of theatre production and to lead the members of the creative team into realizing their artistic vision for it. The director thereby collaborates with a team of creative individuals and Stage Direction Abbreviations. From the rear of the stage to the audience, there are three zones: upstage, center stage, and downstage. These are each divided into three or five sections, depending on the size. If just three sections, there will be a center, left, and right in each. When in the center stage zone, right or left may be referred to simply as stage right and stage left, with only the very middle of the stage being referred to as center stage. If the stage has been divided into 15 sections instead of nine, there will be a "left-center" and "right-center" in each...Â That said, directors and actors don't have to be faithful to stage directions if they think a different interpretation would be more effective. Continue Reading. Home on the Stage - by Nicholas Grene October 2014.Â Bergman, Ingmar, A Project for the Theatre, ed. Frederick J. Marker and Lise-Lone Marker (New York: Frederick Ungar, 1983). Bigsby, C.W.E., A Critical Introduction to Twentieth-Century American Drama, II (Cambridge: Cambridge University Press, 1984).